

**Appendix 3.** A) Frequencies of food items used by adults during chick rearing in *Melanerpes rubricapillus*, Cali, Colombia: 1. Coleoptera larvae; 2. Larvae of Lepidoptera; 3. Adult insects; 4. Seeds; 5. Fruits; 6. Push-ups; 7. Flowers; 8. Spiders. B) Male with fruit of *Ficus benjamina*. C) Male with *Mangifera indica* fruit pulp. D) Female with Lepidoptera larva. E) Male with lizard.